



Masters Swimming NSW Relay Meet 2009

Sanction no NS009/RM3

Sydney Olympic Park Aquatic Centre

Diving Pool – Short Course (25m) competition

Sunday, 21 June 2009

From 8:30 am: Warm-up <i>Warm-up will be conducted in accordance with safety procedures. Please observe safety signs.</i>	
9:30 am : Start	
1. 4x100m freestyle relay men	10. 4x50m freestyle relay mixed
2. 4x100m freestyle relay women	11. 4x25m freestyle relay men
3. 4x50m medley relay mixed	12. 4x25m freestyle relay women
4. 4x25m freestyle relay mixed	13. 4x50m medley relay men
5. 4x50m freestyle relay men	14. 4x50m medley relay women
6. 4x50m freestyle relay women	15. 4x100m freestyle relay mixed
7. 4x25m medley relay mixed	16. 4x25m medley relay men
8. 4x100m medley relay men	17. 4x25m medley relay women
9. 4x100m medley relay women	18. 4x100m medley relay mixed
Presentations	

Maximum of 5 swims per swimmer

Cost: \$20 per swimmer
Pool entry is included

Closing date: Wednesday, 3 June 2009 No late entries!

Registration: This relay meet is open only to swimmers registered with Masters Swimming Australia (or an equivalent body overseas) at the closing date for entries.

Entries

- 🏊 Clubs should appoint a Team Captain to co-ordinate their teams and as a point of contact with the meet organisers.
- 🏊 Entries will be on the official entry forms only. Please do NOT use yellow cards.
- 🏊 Clubs must send:
 - (a) a payment schedule nominating the number of competing swimmers, together with payment, to the NSW Branch office (address below) so that they are received by the closing date of **3 June**.
 - (b) a list of their competing swimmers on the official Swimmers Entry form and a list of their competing teams by:
 - ▶ **3 June** on a hard copy of the official Teams Entry form, if not submitted electronically, **OR**
 - ▶ **17 June by 5pm** if exported from Meet Manager, Team Manager, or Team Manager Lite.

THESE DEADLINES WILL BE STRICTLY ENFORCED.

- 🏊 Due to the heavy data processing demands of this meet, clubs are requested to lodge their entries electronically wherever possible. A later date for submitting team details applies to clubs utilising this option. A free copy of Team Manager Lite, complete with members' details, can be provided to clubs on request. Please contact Mark Hepple for further details: recorder@mastersswimmingnsw.org.au.
- 🏊 Cheques must be made payable to Masters Swimming NSW.
- 🏊 **NO SWIMMER MAY ENTER MORE THAN 5 EVENTS.** Any team that includes any swimmer who has already swum 5 events will be disqualified.
- 🏊 There is no limit on the number of teams that a club may enter in any age group in any event.
- 🏊 Swimmers' ages will be calculated as at 31 December 2009.
- 🏊 Swimmers must be registered with AUSSI Masters Swimming in Australia Inc at the closing date for entries (3 June 2009) or show proof of registration with an equivalent body overseas.

Rules

- 🏊 This competition will be governed by the Rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date of entries (3 June 2009).

Changes

- 🏊 In the event of injury to or illness of team members, changes to teams may be accepted up to June 19. These must be notified to the Meet Recorder (address below) as soon as possible, **but no later than 5pm on June 19.**

THIS DEADLINE WILL BE STRICTLY ENFORCED.

- 🏊 No additional swimmers may be entered after the closing date (3 June 2009).
- 🏊 No changes to teams can be made on the day of competition, unless due to extenuating circumstances and authorised by the Meet Director.
- 🏊 The competition will take place in the Diving Pool.
- 🏊 The meet will be heat-seeded.

Warm-up facilities

- 🏊 The part of the Diving pool not used for our meet (ie, the end under the diving boards) will be available for warm-up and swim-down during competition.

Awards

- 🏊 Trophies will be awarded to the top point-scoring club, and to the club with the highest average point score.

To contact Masters Swimming NSW

Phone: 02 8116 9716 Fax: 02 8732 1606
Email: admin@mastersswimmingnsw.org.au
Internet: www.mastersswimmingnsw.org.au
Deliver to:
Ground Floor, Sports House, 6A Figtree Drive,
SYDNEY OLYMPIC PARK NSW 2127

All postal entries to PO Box 6941
SILVERWATER NSW 2128