



**CAMPBELLTOWN COLLEGIANS AUSSI MASTERS  
SWIMMING CLUB**  
**30<sup>TH</sup> ANNIVERSARY NSW BRANCH POINTSCORE MEET**  
**Sunday, 22 AUGUST 2010** *Sanction No: NSWMO/08M*



**WIN \$100... SWIM IN OUR 30<sup>TH</sup> ANNIVERSARY DASH FOR CASH**

**VENUE:** Campbelltown Swimming Centre, The Parkway, Bradbury 2560  
8 Lane 25m, surveyed, heated indoor pool with Anti-wave ropes

**CLOSING DATE:** 6 August, 2010 NO late entries NO non-pointscore entries

**WARM UP:** 10.00am {conducted in accordance with the National Safety Policy}

**START:** 10.30am

**PROGRAM**

Event 1:	400m Freestyle {May need to share a lane with a swimmer of the same gender}	) ONE ) SWIM ) ONLY ) EVENT ) 1 OR 2
Event 2:	200m Choice of Stroke. a) Freestyle b) Backstroke c) Breaststroke d) Butterfly e) Individual Medley	
<b>Novelty</b>	<b>50m Dash for Cash [closest to nominated time]</b>	
Event: 3	25m Freestyle	
Event: 4	25m Backstroke	
Event: 5	25m Breaststroke	
Event: 6	25m Butterfly	
Event: 7	100m Choice of Stroke (Limit of one Swim) a) Freestyle b) Backstroke c) Individual Medley	
Event: 8	50m Breaststroke	
Event: 9	50m Freestyle	
Event: 10	100m Choice of Stroke (Limit of one swim) a) Butterfly b) Breaststroke	
Event: 11	50m Backstroke	
Event: 12	50m Butterfly	
<b>Novelty</b>	<b>Dash for Cash final</b>	
Event: 13	4 x 25m Medley relay a) Men's b) Women's	
Event: 14	4 x 25m Freestyle Relay Mixed	

**ENTRIES:** Swimmers are restricted to 4 individual events [excluding the novelty event] plus one relay.  
\$18 plus pool entry - \$4.90 adult & \$3.20 for seniors & children.

Entries to be submitted to your Race Secretary. Race Secretaries submit club entries manually on official summary sheet, OR preferably by printout of the entry report from 'Team Manager', together with payment, to be received by the closing date. If 'Team Manager' is used, an export file of entries should be sent electronically to the Meet Recorder on [recorder@mastersswimmingnsw.org.au](mailto:recorder@mastersswimmingnsw.org.au)

Cheques for these entries to be made payable to *Campbelltown AUSSI Masters Swimming* or for EFT payment, Commonwealth Bank BSB 062 517 Account No. 2803 1025. Notify us of payment and receipt number.

**POSTAL ADDRESS:** Marguerite Davidson, 47 Wellers Road Bargo NSW 2574.

**ENQUIRIES:** Phone: 02 4684 1987 or Email: [w\\_m.davidson@bigpond.com.au](mailto:w_m.davidson@bigpond.com.au)

**AWARDS:** CLUB TROPHY TO THE WINNING CLUB

There will be free sausage sizzle & presentation at the end of the meet.  
Refreshments will be available during the day with food available for purchase from the club.  
There is also a kiosk which sells coffee, hot chocolate, soft drinks, pies, sausage rolls etc.

**ASSISTANCE WILL BE REQUIRED WITH TIME KEEPING. PLEASE BRING STOP WATCHES**  
**MASTERS SWIMMING SUNSMART & NO SMOKING POLICY WILL APPLY AT THIS MEET**