



NSW Branch Point Score Meet

Sanction #: NSW10/09B

When: **Sunday, 12th September 2010**

Warm-up 12.00 pm
(to be conducted in accordance with safety procedures)
Start 12.30pm sharp

Where: Sydney Olympic Park Aquatic Centre
Olympic Park Homebush

10 lane, 50m indoor pool
with anti-wave lane ropes (inclusive of one lane for warm-up/swim-down)
Survey registered pool

Parking: Parking available in the P2 car park.

Entries: **\$20 – (includes pool entry) no spectator fee applies**
Maximum of three (3) individual events and 1 relay per swimmer
No non-pointsoring entries will be accepted.
No late entries.

Closing date: **Friday, 27th August 2010**

Program.

- Event 1 200m choice of stroke (one swim only)
(a) Individual Medley (b) Freestyle
- Event 2 50m Butterfly
- Event 3 50m Backstroke
- Event 4 50m Breaststroke
- Event 5 50m Freestyle
- Event 6 100m choice of stroke (one swim only)
(a) Butterfly (c) Breaststroke
(b) Backstroke (d) Freestyle
- Event 7 4x50m Freestyle Relay
(a) Men's
(b) Women's
(c) Mixed

Awards: Award to the top scoring visiting club

Timekeeping: Assistance with time keeping and the provision of stopwatches from visiting clubs would be appreciated.

Entries to: Seaside Pirates Inc.
11 Tomah Place
Westleigh 2120

Enquiries to: Jane Noake
Ph: 0412 388 506

- Cheques made payable to "Seaside Pirates Inc"
- Entries to be submitted to your Race Secretary
- Race Secretaries to submit club entries manually on official summary sheet OR preferably by printout of the entry report from 'Team Manager', together with payment, to be received by the closing date.
- If 'Team Manager' is used, an export file of entries should be sent electronically to the Meet Recorder on recorder@mastersswimmingnsw.org.au

Food and drink will be available from the pool kiosk.
OPEN TO MASTERS SWIMMING MEMBERS ONLY.
Masters Swimming NSW SunSmart and No Smoking Policy will apply at this meet.